

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Primrose & Goldenrod Neighborhoods

<p style="text-align: right;">3</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1:30 Afternoon Movie (GR)</p> <p style="text-align: right;"><small>Daylight Saving Time Ends</small></p>	<p style="text-align: right;">4</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 9:45 Catholic Mass (1CR) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 2:00 Bingo! (GR) 3:00 The Energy of Kindness with Senior Snuggles (FH)</p>	<p style="text-align: right;">5</p> <p>9:00 Garden Care (GR & PR) 10:00 Terry's Time! (PR) 9:30 Stretch and Strengthen (PR)</p> <p>12:45 Outdoor Stroll (Weather Permitting) 2:15 Making Maple Pecan Oatmeal Cookies! (PR) 3:00 Making Treasure Boxes (AS)</p>	<p style="text-align: right;">6</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (GR) 3:00 Netflix Series: Night on Earth Ep.1 (GR)</p>	<p style="text-align: right;">7</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:00 Resident Council (PR)</p> <p>12:30 Joy Ride (GR) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 7-11 Day: Making Slurpees! (GR)</p>	<p style="text-align: right;">8</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Outdoor Stroll (Weather Permitting) 2:15 Dominoes (GR) 3:00 Sparkling Apple Cider Sangria Happy Hour (GR)</p>	<p style="text-align: right;">9</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee & Chats (GR) 10:30 Fitness with Marquis (GR)</p> <p>12:45 To the Pond! (Weather Permitting) 2:15 Saturday Matinee: Harvey (GR)</p>
<p style="text-align: right;">10</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1:30 Afternoon Movie (GR)</p> <p style="text-align: right;"><u>Happy Birthday Donna P.!</u></p>	<p style="text-align: right;">11</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 3:00 Listening and Learning with Don (FH)</p> <p style="text-align: right;"><small>Veterans Day Remembrance Day (Canada)</small></p>	<p style="text-align: right;">12</p> <p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Outdoor Stroll (Weather Permitting) 2:15 Air Fryer Pizza Bites (National Pizza Day!) (GR) 3:00 IN2L Trivia (GR)</p>	<p style="text-align: right;">13</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Erin (PR) 10:15 Active Minds Poetry (PR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Chai Spice Fall Smoothie (PR) 2:45 Music with Katie (GR) 3:30 Netflix Series: Night on Earth Ep.2 (GR) <u>9-3 Trinkets & Treasures Sale (FH)</u></p>	<p style="text-align: right;">14</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 11:00 Lunch at Poppie's (S/U)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Calendar Planning Meeting (PR)</p>	<p style="text-align: right;">15</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Outdoor Stroll (Weather Permitting) 2:15 Dominoes (GR) 3:00 Cinnamon Apple Cider Mimosa Happy Hour (GR)</p>	<p style="text-align: right;">16</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Fitness with Marquis (GR) 10:00-12:00 Model A Ford Club Car Parade (Pines Patio)</p> <p>1:30 Music with Bronco Bob! (PR) 2:15 Saturday Matinee: My Blue Heaven (GR)</p>
<p style="text-align: right;">17</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1:30 Afternoon Movie (GR)</p>	<p style="text-align: right;">18</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 2:00 Bingo! (GR) 3:00 Birthday Party (FH)</p>	<p style="text-align: right;">19</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Coffee & Donuts with Someren Glenn Folks (FH)</p> <p>1:00 Making Thanksgiving Centerpieces (AS) 2:30 Sing-Along with Marquis (PR)</p>	<p style="text-align: right;">20</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (GR) 2:00 Chili Cook-off (Highline) 3:00 Netflix Series: Night on Earth Ep.3 (GR)</p>	<p style="text-align: right;">21</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:15 Making Crock Pot Caramel Apple Butter (PR)</p> <p>12:30 Joy Ride (S/U) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Learn to Play Bridge (PR)</p>	<p style="text-align: right;">22</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Outdoor Stroll (Weather Permitting) 2:15 Dominoes (GR) 3:00 Cinnamon Roll Cocktail Happy Hour (GR)</p>	<p style="text-align: right;">23</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee & Chats (GR) 10:30 Music with Lamont (FH)</p> <p>12:45 To the Pond! (Weather Permitting) 2:15 Saturday Matinee: Grumpy Old men (GR)</p>
<p style="text-align: right;">24</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1:30 Afternoon Movie (GR)</p>	<p style="text-align: right;">25</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 3:00 Bingo! (GR)</p>	<p style="text-align: right;">26</p> <p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Outdoor Stroll (Weather Permitting) 2:00 Toy's for God's Kids Service Project (AS) 3:00 Health Talk with Tsehay (PR)</p>	<p style="text-align: right;">27</p> <p>9:00 Garden Care (GR & PR) 9:15 Fitness with Erin (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Peacan Pie Bites (PR) 2:45 Music with Katie (GR) 3:30 Netflix Series: Night on Earth Ep.4 (GR)</p>	<p style="text-align: right;">28</p> <p>9:00 Garden Care (GR & PR) 9:00 Macy's Thanksgiving Day Parade (NBC) 10:30 Exercise (PR)</p> <p>2:30 Afternoon Movie: An Old-Fashioned Thanksgiving (GR)</p> <p style="text-align: right;"><small>Thanksgiving Day</small></p>	<p style="text-align: right;">29</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Outdoor Stroll (Weather Permitting) 2:15 Dominoes (GR) 3:00 Fall Aperol Spritz Cocktail Happy Hour (GR)</p>	<p style="text-align: right;">30</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>12:45 To the Pond! (Weather Permitting) 2:15 Saturday Matinee: The Gold Rush (A Charlie Chaplin Silent Film) (GR)</p>